North Park University
Covid-19 Isolation & Exposure Protocol for Students & Employees
Effective August 11, 2022
(Last revised August 11, 2022)

IMPORTANT: This policy is subject to change based on updated guidance from CDC and/or local public health departments.

Isolation Protocol
1. Student/employee tests positive for Covid-19
2. Isolate for at least 5 full days
3. Symptomatic vs asymptomatic
   a. Symptomatic
      i. Day 0 is day of symptom onset (e.g., if symptom onset occurs on Monday, the earliest date eligible to exit isolation is on Sunday)
      ii. End isolation after 5 full days IF:
         1. Fever-free for 24-hours without fever-reducing meds, AND
         2. Other symptoms have generally improved, AND
      iii. A negative rapid antigen test on day 5 or later is recommended before exiting isolation, but NOT required
         1. If a rapid antigen test is used and the result is positive, the individual should complete a 10-day isolation, despite resolution of symptoms
         2. An individual in isolation should NOT use a rapid test on day 5 or later if they are still experiencing a fever OR their symptoms have not generally improved
         3. A PCR test should not be utilized for an isolation exit test
      iv. If exiting after 5 full days of isolation, continue to wear a well-fitting mask around others at home and in public for 5 additional days (days 6-10)
      v. If travel is necessary during day 6-10, wear a well-fitting mask when you are around others for the entire duration of travel
   b. Asymptomatic
      i. Day 0 is day of positive test collection (e.g., if the positive test specimen was collected on Monday, the earliest date eligible to exit isolation is Sunday)
      ii. End isolation after 5 full days IF:
         1. Continue to remain symptom free
      iii. A negative rapid antigen test on day 5 or later is recommended before exiting isolation, but NOT required
         1. If a rapid antigen test is used and the result is positive, the individual should complete a 10-day isolation, despite being asymptomatic
         2. A PCR test should not be utilized for an isolation exit test
      iv. If symptoms develop, date of symptom onset becomes day 0
      v. If exiting after 5 full days of isolation, continue to wear a well-fitting mask around others at home and in public for 5 additional days (days 6-10)
      vi. If travel is necessary during day 6-10, wear a well-fitting mask when you are around others for the entire duration of travel
4. Student/employee may choose to isolate for full 10 days, despite symptomology/testing

Exposure Protocol
1. Students/employees that have been exposed to someone that tested positive for Covid-19 and remain asymptomatic should:
   a. Wear a well-fitting mask around others at home and in public for 10 days from the date of last contact
   b. Get tested for Covid-19 on day 5 (day 0 is last day of close contact)
   c. Monitor for symptoms of Covid-19 for 10 days after the last date of exposure
2. Students/employees that have been exposed to someone that tested positive for Covid-19 and develop symptoms should:
   a. Get tested as soon as possible
   b. Isolate from others until results are available
   c. Wear a well-fitting mask around others when isolation is not feasible
3. Students/employees are strongly encouraged to report their exposure to Covid-19 to covidcare@northpark.edu so the appropriate recommendation and testing arrangements can be made
   a. Antigen and PCR testing available at NPU Health Services during regular office hours