

WHAT ARE FOOD ALLERGIES?

- ⊕ An *auto-immune disorder* that causes a person with food allergies to react to certain foods, such as peanuts or eggs
- ⊕ Symptoms of a reaction range from: mild itching and redness to swelling of the face and throat, which can make breathing difficult and *can lead to loss of consciousness and death* if not treated immediately

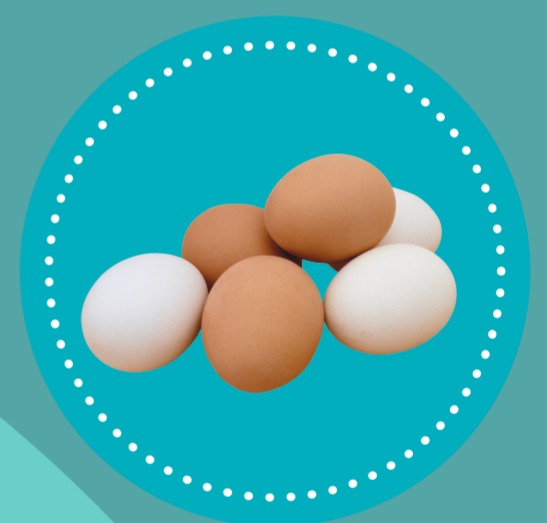
9 Common Allergens



Peanut



Milk



Egg



Tree Nuts



Fish



Soy



Sesame



Wheat



Shellfish